### DONOR MILK HOLIDAY SHIPPING GUIDE

Seasonal shipping delays could affect your frozen donor milk!



### NOVEMBER 25 Keep your milk for now.

Keep your milk for now.

And don't ship on weekends!



# **DECEMBER 1**Okay to ship again!

Shipon GREEN days only!

#### **Questions?**

503-469-0955 / 800-244-4444 Mon-Thu 8:30am - 4:30pm Fri 9:00am - 3:00pm

2025 <b>NO</b>	VEM	BER	FLIP FOR DECEMBER				
SUN	MON	TUE	WED	THU	FRI	SAT	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

northwest MOTHERS MILK BANK

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2025 <b>DE</b>	EME	BER_	FLIP FOR NOVEMBER				
SUN	MON	TUE	WED	THU	FRI	SAT	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31	I	2	3	
4	5	6	7	8	9	10	

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